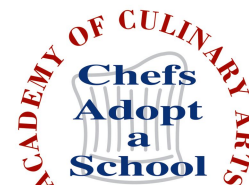


# CHEFS ADOPT A SCHOOL TRUST

Delivering Food Education to Children hungry to learn

## CHEFS ADOPT A SCHOOL NEWSLETTER



Issue 5 Friday 30 Jan 2009



### DAY AT THE RITZ FOR CHEFS ADOPT A SCHOOL COMPETITION WINNERS

As regular readers will know, Chefs Adopt a School gets involved in a huge range of initiatives and projects, all over the country. The East of England show is one such activity. Members of the ACA judge a cookery competition held at the show and all the finalists win a visit to a top London establishment. Pupils from Comberton Village College were lucky enough to spend the day at the Ritz and meet the executive head chef, our very own John Williams MBE. The boys went on a tour of the front of house, the kitchens and were thrown in the deep end as they helped with the busy Friday lunch service. Anne Jones, their supervising teacher, was thrilled with the visit "We had a wonderful time and a first class visit - the boys didn't stop talking the whole way home". As well as their tour of duty during the lunch service and their tour of the kitchen and hotel, the boys also had a chance to have a straight talking chat with John Williams, as they discussed possible avenues into the top end of the hospitality industry. Their day was really topped off as they had a chance encounter with Sir David Barclay - one half of the Billionaire Barclay brothers and co-owner of the hotel!

### SPOTLIGHT

This issue we travel South, to the Evelina children's hospital school, located within Guys and St. Thomas' hospital. On Wednesday, Idris Caldora (CAAS Executive Head Chef) delivered the first of what we hope to be many more sessions to this very special and inspiring school. Idris worked with around 7 children, ranging in age from 5 to 12. Together they prepared a fabulous variety of dishes: a puff pastry tomato and goat's cheese tart with Pommery mustard and thyme, a fruit tart in a sweet pastry case with pastry cream, strawberries and blueberries. To finish off, the children put their individual stamp on biscuit men, by decorating them with icing. Academician Clive Howe joined Idris at the hospital school, after responding to last issue's call to arms for chefs to adopt Evelina. Observ-

ing the session confirmed in Clive's mind that it's definitely a school worth adopting, and he looks set to fix up a date to go back himself soon. **We are still looking for Chefs to adopt Evelina Hospital School!** Please, make a difference and volunteer. Contact [Alix Sinclair](mailto:Alix.Sinclair@aca.org.uk) for more details.

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### FEAST FOOD EDUCATION AT SCHOOLS TODAY

As we continue to tackle the government with the aim of increasing the amount of food education and practical cookery on the primary curriculum, we have been asked to provide case studies which back up our case. We do have a wealth of examples through CAAS, but we could always do with more! Please do let us know if you have a story about cookery in a primary school. Be it your son or daughter, or a CAAS session you have delivered. We'd love to hear from you!

### FEEDBACK FROM THE FRONT LINE

Since our last newsletter, the world has changed with the inauguration of Barack Obama as president of the United States. You may wonder what impact this could possibly have on Chefs Adopt a School, but you would underestimate the power of food teamed with politics, as one of Adam's little chefs reminded him this week. Adam Pickett is regional Chef for inner-city Birmingham and overheard two young boys talking about the new President, commenting: "I think the first thing Barrack Obama should do as President is ban vegetables" By the end of the session Adam had managed to persuade the class that vegetables weren't that bad!

### TAKE 3 COLLEGES FUNDRAISING DINNER - TICKETS STILL AVAILABLE!!

ENJOY A FABULOUS EVENING AND RAISE MONEY FOR A FANTASTICALLY WORTHY CAUSE AT THE SAME TIME!! Contact [Alix Sinclair](mailto:Alix.Sinclair@aca.org.uk)



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