

CHEFS ADOPT A SCHOOL TRUST

Delivering Food Education to Children hungry to learn

CHEFS ADOPT A SCHOOL NEWSLETTER



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CHEFS ADOPT A SCHOOL NEEDS YOU!

A Call to Chefs for a new project at Evelina Hospital School

For 7 years, Chefs Adopt a School has been working with the children's school at Great Ormond Street Hospital. Sometimes moving, often challenging and always rewarding - this partnership means so much to CAAS. This year we have adopted another hospital school, the school at Evelina Children's Hospital, part of Guys and St. Thomas'. We are looking for Chefs who really want to make a huge difference to the lives of severely ill children. Eventually, we would like to build up to the same arrangement we have with GOSH - which means we need a Chef to visit Evelina every month during term time; 10 chefs a year. Unlike the children at GOSH, Evelina pupils can taste the food they prepare which will make the sessions all the more worthwhile. Idris Caldora, CAAS executive Chef and GOSH chef is first in, with a visit to Evelina scheduled for later on this month, which we will tell you all about in the next issue. If you would like to adopt



Evelina Hospital School, please contact Alix Sinclair (CAAS co-ordinator) 020 8673 6300 alexandrasinclair@aoca.org.uk

SPOTLIGHT

This week we travel North, and focus on James Holden, regional CAAS chef for the North West. This week James has travelled 240 miles and delivered CAAS sessions to 209 children. He helped them prepare tuna pasta with 5 Veg, minestrone soup with fresh herbs, Healthy vegetable pizza and Penne Primavera. James also found time to mentor a High School team entering a Lancashire Young Chef competition. He's more than

happy to do this however, as his son is one of the team members! Today, James is working with children in years 3 and 4 (seven and eight year olds) from Abbot Primary School - near Manchester - and it is these children who will be preparing the Penne Primavera. As well as James, they will also be joined by Richard Walton-Allen (Exec. Chef - Harvey Nicholls, Leeds) who is accompanying James in order to get a taste of CAAS in action, before he adopts his own school. So look out for Richard himself, in the Spotlight column soon!

FEAST

FOOD EDUCATION AT SCHOOLS TODAY

FEAST is reaching a really critical stage, as we begin to assemble the Task Force meetings. The Task Force chair - Garry Hawkes CBE has donated the use of Edge offices and hopefully all the key players will be there, such as Brian Turner CBE. These FEAST summits will determine the shape and success of our campaign, so we will keep you updated!

FEEDBACK FROM THE FRONT LINE

This issue, a letter from the Headmaster of Clarendon Junior School to Peter Vaughan - South West regional Chef

Dear Peter,

How can I thank you enough for putting so much enthusiasm into our Adopt-A-Chef sessions here at Clarendon Junior School?

I am delighted with the way you managed to impart so much knowledge about food in such an enthusiastic way for our pupils and also our staff. It was a great pleasure to see our pupils gain so much enjoyment and to see the realisation that facts about food can be so fascinating.

I am certain you have achieved a great deal in

changing their attitudes towards eating.

We congratulate you on your two days work and very much look forward to future visits from you.

Yours sincerely, Alex Bostoc, Headteacher

TAKE 3 COLLEGES FUNDRAISING DINNER

Preparations are well underway for the Take 3 Colleges fundraising dinner, to be held on **March 11th 2009** at the Royal Automobile Club, Pall Mall. Our star line up of chefs are honing their fabulous dishes today, at the final tasting. It is a hard but accepted fact that fundraising this year is going to be really tough, which is why we need your support all the more! The funds raised at events such as these (of which there are no more than 3 a year) are heavily relied upon to maintain the trust and to continue changing the lives of thousands of children. Do come along, to help make a real difference and enjoy a fabulous evening at the same time! To book tickets, contact Alix Sinclair, details below.



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